



Associate Professor of Physical Education

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Dr. Pawan Kumar Verma, an Associate Professor of Physical Education at Government College Hamirpur, is an alumnus of Himachal Pradesh University, Shimla. He earned his PhD, MA, and B.A. degrees from this prestigious institution. He cleared the UGC (NET) examination on his very first attempt. Moreover, he was a national-level athlete and represented Himachal Pradesh University three times in the All India Inter-University Athletic Championship. His athletic prowess led him to be named the Best Athlete of HPU Shimla and HP State from 1996 to 2000. Notably, he held the record for the 200m race with a remarkable timing of 22.5 seconds in the Himachal Pradesh University Athletic Meet and HP State Athletic Meet.

During his studies at G.C. Hamirpur, Dr. Pawan Verma represented Government College Hamirpur in the HPU Athletic Championship, clinching gold medals in the 100m, 200m, and 400m races. Dr. Verma is dedicated to promoting sports and combating drug abuse. He is a qualified IAAF level I Athletic coach, specializing in Athletics, and has coached both college and school students. Many of his athletes have secured medals in state and national level tournaments. He also imparts coaching to students aspiring to join the Army and Police services, with over 450 of his trainees successfully selected in the Army, Forest, and HP Police services to date.

In addition to his coaching role, he is a qualified IAAF level I Technical Official and has officiated in numerous national and international athletic championships, including the XIX Commonwealth Games held in Delhi in 2010. Dr. Verma commenced his career as a Lecturer in Physical Education (College cadre) at G.C. Thural and has since served at G.C. Poanta Sahib, G.C. Una, G.C. Bhoranj, and is currently posted at G.C. Hamirpur.

Dr. Verma is a prolific researcher, having presented numerous research papers and authored two books in Physical Education. He is a staunch advocate against drug abuse and actively engages the students of his college in organizing various sports tournaments within and beyond the college campus. In 2022, he organized sports tournaments in more than 12 panchayats of Hamirpur district, attracting participation from over a thousand students across different sports.

He collaborates with local communities and their representatives to promote sports tournaments and initiatives against drug abuse.

Additionally, Dr. Verma conducts yoga camps for individuals of various age groups, fostering health and well-being. He has also extended invitations to various sports personalities, facilitating interactions between them and the students of G.C. Hamirpur, including Olympian Ashish Chaudhary (Boxing), Olympian Om Prakash (Shot Put), Parshu Ram Awardee Pushpa Thakur (Athletics), Parshu Ram Awardee Nutan (Judo), and Surjeet Singh (International Basketball Player), among others.