



**Netaji Subhash Chander Bose Memorial
Govt. College Hamirpur,
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**REPORT ON ACTIVITIES ON SARDAR@150 BIRTH ANNIVERSARY
(Academic Year: 2025-26)**

Name of the activity organized	Yoga and wellness Session
Date of the activity organized	November 01, 2025
Name of the Coordinator/Convener	NSS Programme Officer Dr. Naisergik Deepika Khanna
Name, Designation of Chief Guest	Principal Dr. Pramod Patial
Place of the activity	Basket Ball Ground
No. of participants [students and staff]	79 Students and 01 Teaching Staff

Photo Gallery (Preferably Geo - tagged)





Yoga and wellness Session

Brief about the activities: Yoga and wellness session was organized under Sardar@150 birth anniversary by NSCBM Government College Hamirpur, HP with 79 students. This will definitely play a very important part in everyone's life to remove stress and tiredness during studies and to relax the mind. The event was successfully monitored and conducted under NSS Programme Officer Dr. Naisergik Deepika Khanna.